## MEDICAL RELEASE, PHOTO RELEASE, & LIABILITY WAIVER FORM

- Voluntary My participation in this River Cleanup is voluntary. I will select the activities in which I will
  participate. I will choose activities that are within my physical capacities. I will stay away from the water if I
  cannot swim or if I have any open cuts.
- Assumption of Risk I realize that during this Cleanup, there are several ways that I could potentially hurt myself if I am not careful or choose a task that I am not capable of doing. For example, I might choose to (a) clean up slippery stream and river banks, (b) canoe in or wade in streams or rivers that may contain strong currents or uneven bottoms, (c) clean up near highways or roads, (d) cut vegetation with sharp tools, (e) pick up sharp items, and (f) clean up in or near a stream or river that may contain harmful pollutants, bacteria, or parasites. I realize that my participation in any of these activities is strictly voluntary and that I assume the risks associated with these activities. I could: (a) receive cuts and abrasions, (b) lose personal property such as watches or jewelry, and (c) suffer serious bodily injury.
- Waiver - I release the sponsors, organizers, volunteers, and site property owners (as well as all of their
  affiliates, directors, officers, trustees, employees, representatives, or agents) from all actions or claims of any
  kind that relate to my participation in the Cleanup. I understand and acknowledge that this waiver binds my heirs,
  administrators, executors, personal representatives, and assigns.
- Hold Harmless I hold the sponsors, organizers, volunteers, and site owners harmless and indemnify them
  against all actions or claims (including reasonable attorneys' fees, judgments and costs) with respect to any
  injuries, death, or other damages or losses, resulting from my participation in the Cleanup.
- Medical Treatment If I am injured during the Cleanup, the organizers or volunteers of the Cleanup may render medical services to me or request that others provide such services. By taking such action, the organizers and volunteers are not admitting any liability to provide or to continue to provide any such services and that such action is not a waiver by the organizers or volunteers of any rights under this release and waiver. Should I require transport to a medical facility as a result of an injury, I am financially responsible for such transportation and medical treatment costs. If I am injured during the Cleanup, it is my responsibility to seek appropriate medical care and to notify the Cleanup organizers. I understand that this waiver will have no bearing on any workers compensation claims that I may make as a result of my participation in this event.
- Pictures I agree that any pictures or videos taken of me or my children during the cleanup can be used for future promotional campaigns

I UNDERSTAND AND AGREE WITH THE CONTENTS OF THIS DOCUMENT. ANY QUESTIONS I MAY HAVE HAD ABOUT THIS DOCUMENT WERE ANSWERED TO MY SATISFACTION.

Participant's Printed Name:	Parent's Printed Name (if participant is under 18):
Participant's Signature:	Parents' Signature:
Date:	Date:

## THINK SAFETY

- Always visit a site in pairs so one can go for help if the other is unable to
- Never work if the water is flooding or after a heavy rain fast moving water is very dangerous
- Avoid steep banks as access points; wear a life jacket if near deep water
- Avoid touching your face and be sure to wash hands before eating
- Know the location of the nearest phone or take a cell phone with you
- Have an emergency plan ready who will go for help? Does anyone know CPR?
- Does anyone have allergies?
- Be conscious of wildlife such as snakes, alligators and snapping turtles -leave them alone and they will leave you alone
- Look out for broken glass, poison ivy, ticks, bees, fire ants, and other hazards
- Wear high topped boots with sturdy non-skid soles or other similar footwear, a hat for sun protection, long sleeve shirt & long pants - tuck pants in your boots or tie the bottoms for extra protection against ticks/poison ivy